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THE RESIDENCES AT
MONTAGE CAY
THE ABACOS, BAHAMAS



NOTES FROM MONTAGE CAY

Issue No. 02

The story of Montage Cay is inseparable
from the story of The Abacos.

As the island continues to take shape, we share in
the anticipation of time spent among the people and
places that define our corner of The Out Islands.

A NATIONAL SYMBOL

Few landmarks capture the spirit of The Abacos more vividly than Hope Town's red-and-white striped Elbow Reef Lighthouse. So deeply woven into Bahamian life that it appears on the nation's ten-dollar note, its beam has guided sailors through the Sea of Abaco since 1863. Still hand-lit by kerosene, it is the last lighthouse in the world to uphold the manual tradition, operating fully without electricity.



KEEPING THE LIGHT ON

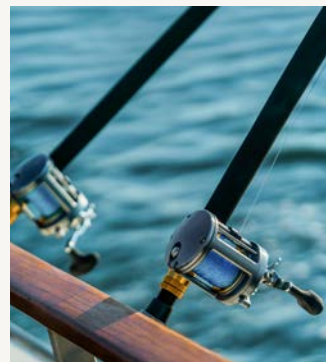
For Heather Forde-Prosa, the lighthouse is nothing short of “the heartbeat of Hope Town.” Born in Nassau and a resident of The Abacos since 2006, she serves as Development Director for the Elbow Reef Lighthouse Society, part of the small team entrusted with “keeping the light on” in this beloved Bahamian emblem.

Heather describes the work of the Lighthouse Society as a true community undertaking. Maintaining a 19th-century lighthouse means confronting challenges no modern manual can solve, and each project draws on the talents of

volunteer artists, engineers, craftspeople, and neighbors across the island. “Where there’s a will, there’s a way,” she says. It is meticulous work that reflects The Out Islands’ spirit of resourcefulness and collaboration.

That spirit was never more evident than after Hurricane Dorian. In the days following the storm, Hope Town was left in darkness. When the lighthouse was finally illuminated, it was a powerful moment of resilience throughout The Abacos. “It is our past, present, and future,” says Heather, and the heartbeat of a place that remains unmistakably authentic.

On the Water



Routes & Runs

Born and raised in Abaco, Captain Johnson Auguste of Cruise Abaco has spent a lifetime on these waters. Ask where to find the fish, and he’ll point to routes, landmarks, and subtle signs that are otherwise easy to overlook. Here, he shares a few of the places and patterns that guide successful days offshore.

Head South

From the lighthouse in Hope Town, many experienced fishermen work their way toward Cherokee and the famed “Hole in the Wall.” One of the most consistent routes in The Abacos, “That’s where you get the big fish,” notes Auguste.

Follow the Ledge

Just a short run offshore, the seafloor drops dramatically. “Five, six miles, that’s all you need. You’re up to a thousand feet,” he says. Along this ledge, larger species gather to feed, offering rare access to deep-sea fishing in just minutes.

Reading the Water

Routes here are shaped less by maps than by observation. “The ledges, the birds, the seaweed—those are your signs,” Johnson explains. These subtle cues signal where fish are running, guiding each outing in real time.

Fresh Perspectives

ISLAND RETURNS WITH ALLEN MCMURTRAY

A college roommate first brought Allen McMurtray to The Abacos more than 30 years ago—and he’s been finding his way back ever since. Today, as Director of Sales and Marketing Operations for Montage Residences, his connection to the islands is deeply personal, shaped by friendship, community, and a lifetime on the water.

“The white-sand beaches, the crystal blue waters. It’s a boater’s dream. What’s not to love?”

Over the years, The Abacos have provided no shortage of memories: prize catches of mahi-mahi and marlin, spearfishing with friends, and one especially unforgettable day spent with his family, exploring Pelican Cay and cruising alongside a school of dolphins on the return trip.

“The Abacos truly feel like a gift. I’ve been coming for 30 years and with every visit I discover new places and meet new people. It’s a magical place.”



Culture & Cuisine

SIMPLY CITRUS MAHI

A favorite catch throughout The Abacos, mahi-mahi shines in this simple dockside preparation—fresh, vibrant, and full of island flavor.

Ingredients

- Fresh mahi-mahi fillets
- 2-3 key limes or sour oranges, halved
- Olive oil
- Salt and black pepper

Preparation

1. Pat fish dry and season with oil, squeezed citrus, salt, and pepper
2. Let rest briefly while heating grill or pan
3. Cook skin-side down for 4 minutes, then flip, cooking 2-3 minutes more (or until cooked through)
4. Finish with a squeeze of fresh citrus and serve immediately



PROGRESS & MOMENTUM

Construction at Montage Cay has entered a new phase. Residences are well advanced across the island, and for the first time, the full scale and flow of Montage Cay can be experienced in a single visit, from the Sales gallery and mock-up Residence to the Villas along Piper Beach.

Set along Three Sisters Beach with the private Marina directly behind, the recently released Marina Villas represent one of the most distinctive residential offerings at Montage Cay. Positioned within a quiet stretch of the island, accessed by landscaped pathways, these Residences offer a rare combination of beach on one side and berth on the other.

Spa Montage is now well into construction and beginning to take shape on site. Here is a closer look at what's to come.

If you have been considering Montage Cay, this is an ideal time to experience the progress firsthand. Contact our team to arrange a visit.

Issue No. 03

LOOKING AHEAD

In the next edition, discover secret snorkeling spots from The Abacos' most knowledgeable instructor, and learn tips and recipes for one of the islands' most celebrated catches: lobster.

MontageCayResidences.com



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